

### **Annual gender sensitization action plan**

Women empowerment as well as gender equity are areas of key concerns and are given utmost priority at Banarsidas Chandiwala Institute of Hotel Management and Catering Technology. The Institute focuses on inculcating a well-planned and professional approach towards gender sensitization for the creation and development of a society that is well balanced. Bringing about attitudinal changes that are optimistic and offer provision for equity amongst the genders are practiced and implemented at the Institute.

The Annual gender sensitization plan of BCIHMCT is mentioned as follows:

Objective: To promote a holistic, open-minded, and synchronized empowerment of women amongst both the students and staff of BCIHMCT.

- **Conduct regular self-defence classes for the students as well as female faculty and non-teaching members of the Institute.**
- **Organize Expert talks and lectures by inviting eminent experts from the field.**
- **Organize cyber-crime workshops and sessions conducted by the Delhi Police for all students.**
- **Sensitize the male students of the Institute towards gender-equity.**
- **Conduct regular activities like symposiums, debates and talks on various sensitive topics like female foeticide, grooming and personality development.**
- **Conduct activities related to dealing with the pandemic during the unprecedented times.**
- **Conduct consistent awareness-raising activities for the students and staff of BCIHMCT.**
- **Appointing an experienced team of faculty members representing the Sexual Harassment committee. The Sexual Harassment committee of the Institute is led by senior female faculty members.**
- **Regular updation and appointment of faculty members as a part of Internal Complaints Committee and Anti-Ragging Committee.**
- **Availability of an online grievance portal on the website of the Institution.**
- **The college has put up a complaint box specially for women where they can drop in their grievances anonymously.**
- **Allocation of faculty Mentors in college where counselling and guidance can be offered related to gender-sensitive issues.**
- **Appoint and update student committee members who act as mediators between the students and faculty for effective monitoring and evaluation**
- **Appointment of a professional counsellor for the Institute.**
- **Training and placement department offers career guidance and professional counselling to enable students to choose the right career path.**
- **Organise Counselling and motivation sessions for all students.**
- **Implementation of the code of conduct for all students for promoting and integrating gender equality at the level of governance.**



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**BANARSIDAS CHANDIWALA INSTITUTE OF HOTEL MANAGEMENT & CATERING  
TECHNOLOGY**

***(Approved by AICTE and affiliated to G.G.S. Indraprastha University)***

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**BCIHMCT Gender Sensitization Activities**

Sr no.	Activity	Date
1.	Webinar on mental wellness by Dr. Neelam Mishra , Psychologist Shree Ganga Ram Hospital, New Delhi	January 8, 2021
2.	Webinar on "Emotional intelligence for enhanced Productivity & Performance " By Dr. Sunita Laddha, Eminent Speaker and Coach from Akola, Maharashtra	September 4, 2021
3.	Women's Day poster making activity	March 8, 2021
4.	Webinar on International Yoga Day	June 20, 2021
5.	Webinar- by Dr. Neelam Mishra, Clinical Neuro Psychologist at Sir Ganga Ram Hospital, New Delhi on "Traumatic stress in the age of Covid-19"	June 17, 2020
6.	Workshop on International yoga Day	June 20, 2020
7.	A session on stress management and behavioral Response	July 25, 2019
8.	Workshop on Personality development by Dr. Kushal Jain and Dr. Simmi Kapoor.	Aug 16, 2019
9.	Workshop on International Yoga Day	June 21, 2019
10.	Workshop on Self Defence	March 13, 2019
11.	Self Defence workshop and Cyber crime	April 7, 2018
12.	Personality Development Program and stress management-My First boss Expert Team by Mr. Rajeev Ranjan	August 28, 2018
13.	Workshop on International Yoga Day	August 21, 2018
14.	Workshop on Self Defence	April 8, 2018
15.	Workshop on International Yoga Day	June 21, 2016



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**BCIHMCT Proposed Gender Sensitization Activities**

Sr no.	Activity	Date
1.	Session on Mental wellness	January 2022
2.	Session on Women Empowerment	February 2022
3.	Women's Day poster making activity	March 2022
4.	International Yoga Day	June 2022
5.	Session on stress management	July 2022
6.	Session on Personality development	August 2022
7.	Session on Self Defence & Cyber Crime	October 2022



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